



SHAKER SWIMMING

P.O. Box 201009 • Shaker Heights, OH • 44120 • 216-295-4163 • shakerswimming@msn.com • <http://www.shakerswimming.org>

SHARK SUMMER SWIM TEAM INFORMATION 2008

The Shaker Shark \$80 summer fee is due by June 16, 2008. If you are not USA Swimming registered, please add an additional \$25 and complete the attached USA Swimming registration form and return it the address below. Please make checks payable to: *Shaker Sharks* and mail to:

Shaker Swimming
P.O. Box 201009
Shaker Heights, OH 44120

This summer payment automatically registers your child for the Thornton Park Swim Team – you do not have to pay the Thornton Recreation team fee. By registering for Shaker, swimmers have the opportunity to practice at any shark practice (morning or afternoon) and take advantage of the technique sessions that we offer. Thornton Rec. swimmers practice in the morning at Thornton Park only.

Attached is a swimmer medical information sheet. Please complete it and return it with your payment by June 18th. You can mail it to the above address or hand it to one of the coaches at practice.

Attached is a summer meet schedule.

Attached is the meet information for the Shaker Shark time trial meet on June 25, 2008. Additional meet information is posted on our website (www.shakerswimming.org) and will be handed out at practice.

Below is the summer practice schedule.

If you have any questions or concerns, please contact Tina or Bryan at shakerswimming@msn.com or 216-295-4163.

YOUTH SHARKS: “SUMMER” PRACTICE SCHEDULE : (STARTS 6/16/08)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL	7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL	7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL	7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL	7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL	7:15 – 8:45 A.M. SELECT YOUTH THORNTON POOL
9:00 – 9:45 A.M. ALL SHARKS THORNTON POOL	9:00 – 9:45 A.M. ALL SHARKS THORNTON POOL	9:00 – 9:45 A.M. ALL SHARKS THORNTON POOL	9:00 – 9:45 A.M. ALL SHARKS THORNTON POOL	9:00 – 9:45 A.M. ALL SHARKS THORNTON POOL	
9:45 – 10:30 A.M. ALL SHARKS THORNTON POOL	9:45 – 10:30 A.M. ALL SHARKS THORNTON POOL	9:45 – 10:30 A.M. ALL SHARKS THORNTON POOL	9:45 – 10:30 A.M. ALL SHARKS THORNTON POOL	9:45 – 10:30 A.M. ALL SHARKS THORNTON POOL	
5:00 – 5:45 P.M. ALL SHARKS WOODBURY POOL	5:00 – 5:45 P.M. ALL SHARKS WOODBURY POOL	5:00 – 5:45 P.M. ALL SHARKS WOODBURY POOL	5:00 – 5:45 P.M. ALL SHARKS WOODBURY POOL	5:00 – 5:45 P.M. ALL SHARKS WOODBURY POOL	
5:45 – 6:30 P.M. ALL SHARKS WOODBURY POOL	5:45 – 6:30 P.M. ALL SHARKS WOODBURY POOL	5:45 – 6:30 P.M. ALL SHARKS WOODBURY POOL	5:45 – 6:30 P.M. ALL SHARKS WOODBURY POOL	5:45 – 6:30 P.M. ALL SHARKS WOODBURY POOL	
6:30 – 7:00 P.M. TECHNIQUE WOODBURY POOL	6:30 – 7:00 P.M. TECHNIQUE WOODBURY POOL	6:30 – 7:00 P.M. TECHNIQUE WOODBURY POOL	6:30 – 7:00 P.M. TECHNIQUE WOODBURY POOL		

- Technique sessions will begin June 23rd. Swimmers may sign up for one session per week.
- There will be no Thornton morning practices during severe storms. There will be practice with just rain.
- There will be no evening practices at Woodbury when there is a swim meet.



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EMERGENCY MEDICAL FORM

Complete this form and return it to Shaker Swimming. Please print legibly.

Swimmer's Full Name: _____
Last First Middle

Birthdate: _____ Current Age: _____

Circle one: Male Female

Street Address: _____

City: _____ Zip: _____

School: _____ Current Grade: _____

Home Phone: _____ Parent Email: _____

Parents' Names: _____ and _____
1 2

Parent 1 Cell Phone: _____ Parent 2 Cell Phone: _____

Parent 1 Work Phone: _____ Parent 2 Work Phone: _____

Relative or friend to contact in case of emergency and neither parent can be reached:

Name: _____ Work Phone: _____

Relationship to swimmer: _____ Cell Phone: _____

Any medical information that the coaches should be aware of: (allergies, medications, etc.):

From time to time, Shaker Swimming posts pictures of swimmers on our website. Photos of swimmers are used to highlight individual, group, and team accomplishments, to summarize special events, and to promote Shaker Swimming. If you do not wish photos of your child to be used, please check the box.

<input type="checkbox"/> Permission IS NOT granted to post my child's picture on the webpage.



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YOUTH SHARK LONG COURSE MEET SCHEDULE 2008

DATE	LEVEL(S)	DEADLINE	MEET NAME AND LOCATION
May 4	Developing Sharks, Youth Sharks	\$20 by 4/16/08	Hawken May Madness Meet @Hawken Upper School
May 23 – 25	Select Youth	\$30 by 4/30/08	Sr. Circuit/Age Group Meet @Youngstown State University
June 7 – 8	Select Youth, Pre-Select Youth	\$30 by 4/30/08	CCS Age Group & Open Meet @Canton
June 14 – 15	Select Youth, Pre-Select Youth	\$30 by 5/7/08	Solon Swimfest @Solon Municipal Pool
June 20 – 22	Select Youth, Pre-Select Youth	\$35 by 5/7/08	Robert F. Busbey Age Group & Open Meet @CSU
June 25	Pre-Select Youth, Youth Sharks, Developing Sharks, Thornton Rec.	No entry fee, entry due 6/20/08	SHSH Time Trials @Woodbury Pool
June 28	Select Youth	\$12 by 5/28/08	Cedar Point Open Water @Cedar Point
July 8	Pre-Select Youth, Youth Sharks, Developing Sharks, Thornton Rec.	No entry fee, entry due 7/2/08	Lollipop Meet with Solon @Solon High School
July 11 – 13	Select Youth, Pre-Select Youth	\$25 by 5/28/08	Freedlander Meet @Freedlander Pool, Wooster, OH
July 16	Pre-Select Youth, Youth Sharks, Developing Sharks, Thornton Rec	No entry fee, Entry due 7/9/08	Dual Meet with Purvis Park @ Purvis Park, University Heights
July 20	Pre-Select Youth, Youth Sharks, Developing Sharks, Thornton Rec.	\$20 by 6/25/08	Parkview Summer Sizzler @Parkview Pool, Mayfield Village, OH
July 25 – 27	Select Youth	\$30 by 7/2/08	LE Long Course Championship @CSU
August 6 – 10	Select Youth	See Eric	Central Zone MegaMeet @IUPUI, Indianapolis, IN

TIME TRIALS

Woodbury Pool

Wednesday, June 25, 2008

This is a meet for all youth Shark and Thornton Recreation swimmers. This is a great opportunity for all swimmers to get some meet experience. The time trials will be held at the Woodbury Pool. Warm-ups begin at 6:00 p.m. Meet begins at 6:30 p.m. There is no entry fee for this meet. Please return the bottom portion of this form by Friday, June 20, 2008.

----- TEAR HERE -----

_____ will participate in Time Trials. Please return this form by Friday, June 20, 2008. Thank you.

Swimmer's Name

Age as of June 25, 2008